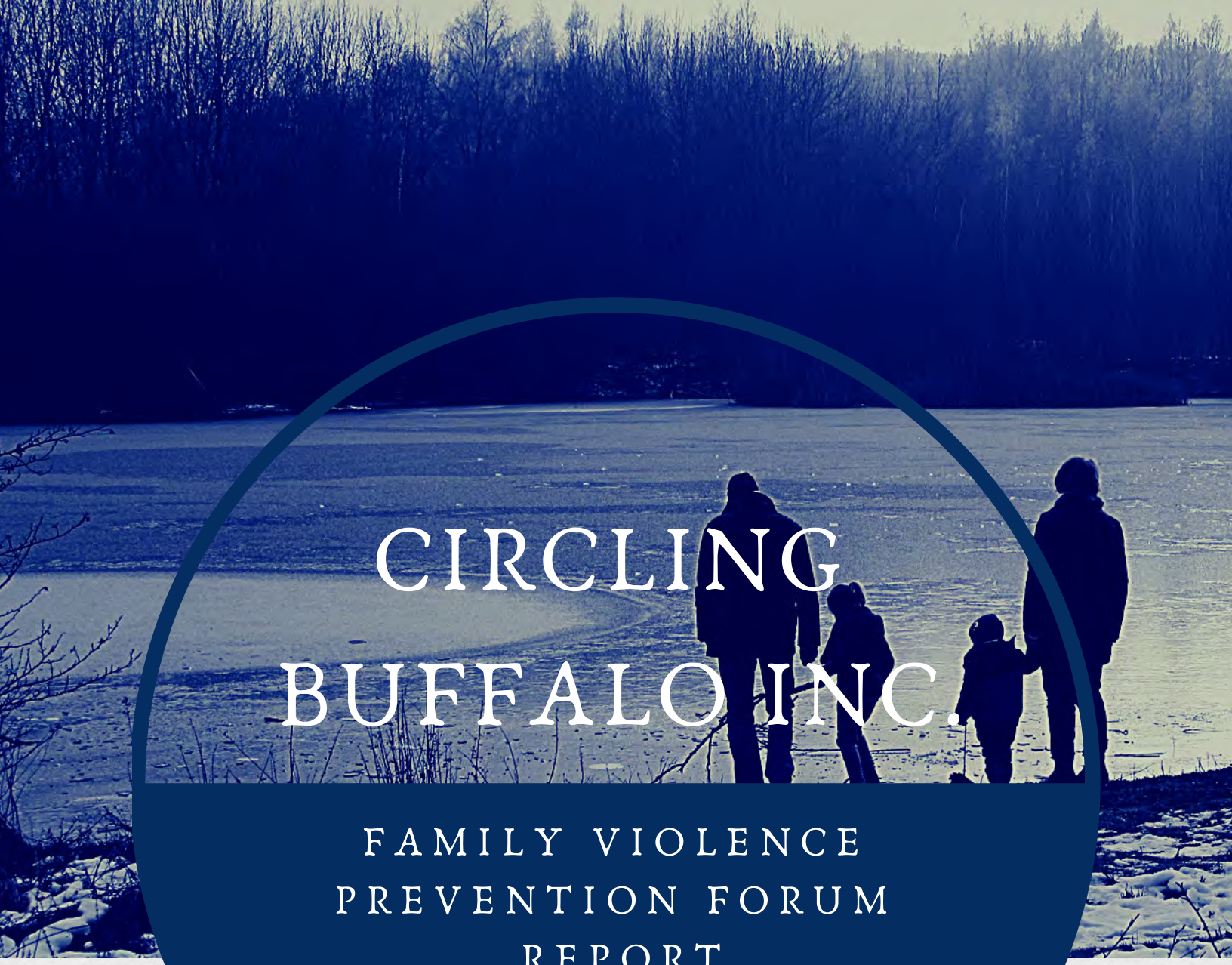


# CIRCLING BUFFALO INC.

## FAMILY VIOLENCE PREVENTION FORUM REPORT

JANUARY 15-17, 2019
HILTON WINNIPEG
AIRPORT SUITES
WINNIPEG, MB

# EXECUTIVE SUMMARY

Since 2012, Circling Buffalo's Manitoba First Nations Family Violence Prevention Forum has gathered together a group of committed people with a broad range of voices that speak to diverse experiences, perspectives and proven practices for preventing family violence.

Our forum invited participants from 63 Manitoba First Nations, with attendees ranging from youth to Elders and people working in various roles: elected leaders, government, social development staff and a range of community leaders and staff working in the fields of administration and management, addictions prevention, Child & Family Services, education, health, and shelter services.

In keeping with what we heard from forum participants last year, we expanded the plenary and breakout sessions to include key issues, such as the impacts of violence and abuse on men; LGBTQ2 and transgender violence, and more personal, healing stories of First Nations people overcoming and breaking the cycle of family violence.

Participants also asked for more information on helping us understand the root causes of violence in our communities and families, such as the intergenerational history of trauma from residential schools. In addition, this year we focused on the issue of self-care for front-line workers, who must remember to take care of themselves so that they can continue to do the valuable work of helping families impacted by violence.

This report extends the knowledge of the forum by reporting on its proceedings and feedback from participations.



# LETTER FROM THE BOARD
## *Circling Buffalo Inc*

**Tansi, Aaniin, Wotziye, Ho, Han, Boozhoo!**

While our approach to preventing family violence is unique in so many ways, Circling Buffalo Inc. takes special pride in knowing that we are truly driven by the strength of First Nations in Manitoba and their families.

Our community-based strength is most apparent at our forums, which gather together grassroots people working from within communities and families. By focusing on delivering the best, culturally-appropriate knowledge and practices, together we are changing communities from the inside, where it matters most.

As our vision states: We gather in unity to awaken the spirit of the people and the will within honouring life. Our forums are key to realizing this vision.

In 2017-18, we initiated a formal evaluation of our forum to collect feedback from attendees. What we heard from the vast majority of participants was that our forum delivered information that was important, timely, relevant and effective.

We are pleased to report that participants were even more satisfied with our forum this year!

According to our latest forum evaluation, 93% of respondents rated the forum as excellent or good, compared to 81% of respondents from last year's forum. And almost all participants (98%) rated our plenary and break-out sessions as important or very important.

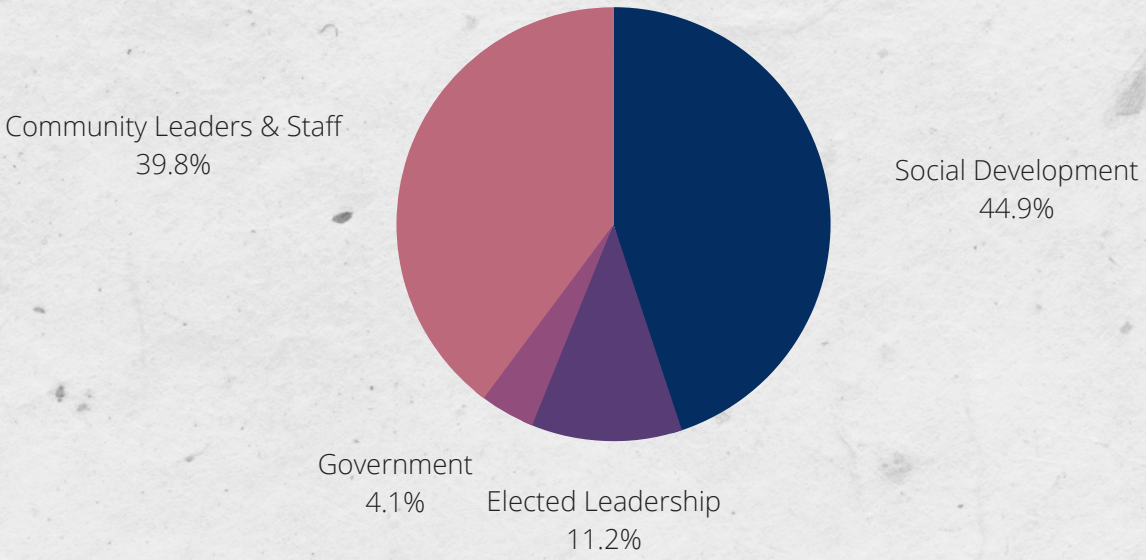
We invite you to read on to learn more about the forum and its evaluation results.

On behalf of the Circling Buffalo Inc., we thank everyone who gathered together to share and exchange knowledge on preventing family violence, and for taking the time to complete our evaluation forms.

We continue to be committed to providing the very best forum for bringing people together in unity to awaken our spirits and honour the beauty and strength of our lives.

# THE PARTICIPANTS

## 63 First Nations in Manitoba




**93%**
Rated the Forum Excellent or good

**93%**
Satisfied or Very Satisfied with the Plenary sessions

**95%**
Satisfied or Very Satisfied with the Break-out Sessions

**98%**
Rated the Plenary Sessions Important or Very Important

**98%**
Rated the Break-out Sessions Important or Very Important

## WHAT PARTICIPANTS SAID

*"Gets better every year!"*

*"I'm glad I was here, learning different approaches to end violence for men/women and children."*

*"Excellent! Hats off to the organizers. I am truly amazed by all the speakers and entertainment. Thank you, thank you!"*

*"I would love to attend more workshops such as this."*

# CONFERENCE AGENDA



## AGENDA DAY ONE

*Tuesday, January 15, 2019*

| | |
|---|---|
| 7:30 – 8:00 am | Breakfast served<br>Pipe Ceremony<br>*Fred Stevens, Elder, Sapotaweyak Cree Nation* |
| 8:00 – 8:30 am | Registration |
| 8:30 – 8:45 am | Opening Prayer / Song<br>*Fred Stevens, Elder, Sapotaweyak Cree Nation*<br>*Susan Kobliski, Executive Director, Nelson House Cree Nation* |
| 8:45 – 9:00 am | Opening Remarks from Circling Buffalo Inc. Board Members<br>*Chief Francine Meeches and Chief Betsy Kennedy* |
| 9:00 – 9:30 am | Indigenous Services Canada<br>*Tina Kabestra, Acting Manager, Regional Programs, Programs and Partnerships* |
| 9:30 - 10:30 am | Manitoba First Nation Women's Shelter of Directors Panel<br>*Carrie Chub, Fisher River First Nation*<br>*Flora Castel, Mathias Colomb First Nation*<br>*Natalie Apetagon, Norway House Cree Nation*<br>*Sheri Schweder, Shamattawa First Nation*<br>*Susan Kobliski, Nelson House Cree Nation*<br>*Sharon Mason, Shelter Liaison* |
| 10:30 – 10:45 am | Health Break<br>*Ice Breaker – Kenneth Henderson* |
| 10:45 – 12:00 pm | Circling Buffalo Inc. Two-Spirited Video<br>Two-Spirited Panel<br>*Brielle Beardy-Linklater, Nisichawayasihk Cree Nation*<br>*Albert McLeod – Co-Director, Two-Spirited People of Manitoba Inc.*<br>*Vanessa Tait – O-Pipon-Na-Piwin Cree Nation* |
| 12:00 – 1:00 pm | Lunch Served<br>*Entertainment provided by: Blaine Constant* |

# CONFERENCE AGENDA

## AGENDA DAY ONE

*Tuesday, January 15, 2019*

| Afternoon Agenda | |
|---|---|
| 1:00 – 2:00 pm | Domestic Violence: Types of violence, its long-term impact on children and how the WPS is partnering with the community<br>*Susan Desjardins, Winnipeg Police – Domestic Violence Coordinator* |
| 2:00 – 2:30 pm | Canada Revenue Agency<br>*Cayla Linaker, Regional Outreach Program Officer* |
| 2:30 – 3:30 pm | Men's Resource Centre<br>*Justin Penner, Program Manager* |
| 3:30 – 3:45 pm | Health Break |
| 3:45 – 4:30 pm | Moose Hide Campaign |
| 4:45 pm | Travel cheques disbursed |
| End of Day One | |

# CONFERENCE AGENDA

## AGENDA DAY TWO
Wednesday, January 16, 2019

| | | | | |
|---|---|---|---|---|
| 8:00 – 9:00 am | Breakfast served | | | |
| 9:00 – 10:00 am | Ka Ni Kanichihk<br>*Dodie Jordaan, Associate Executive Director* | | | |
| 10:00 – 10:15 am | Health Break<br>*Ice Breaker – Kenneth Henderson* | | | |
| 10:15 – 11:00 am | Matthew Shorting: Personal Story | | | |
| 11:00 – 12:00 pm Breakout Sessions | SESSION 1<br>*Travis Bighetty*<br>*First Nation Men's Health with Self, Family and Community* | SESSION 2<br>*Diane Linklater*<br>*Mental Health First Nation First Aid* | SESSION 3<br>*Lloyd and Bella Flett*<br>*Bush teachings* | SESSION 4<br>*Fred Stevens*<br>*Road to Self-Identity* |
| 12:00 – 1:00 pm | Lunch Served<br>*Entertainment provided by: K.A.S.P.* | | | |
| 1:00 – 2:00 pm Breakout Sessions | SESSION 1<br>Travis Bighetty<br>*First Nation Men's Health with Self, Family and Community* | SESSION 2<br>Diane Linklater<br>*Mental Health First Nation First Aid* | SESSION 3<br>Lloyd and Bella Flett<br>*Bush teachings* | SESSION 4<br>Fred Stevens<br>*Road to Self-Identity* |
| 2:00 – 2:15 pm | Health Break | | | |
| 2:15 – 3:15 pm Breakout Sessions | SESSION 1<br>*Travis Bighetty*<br>*First Nation Men's Health with Self, Family and Community* | SESSION 2<br>*Diane Linklater*<br>*Mental Health First Nation First Aid* | SESSION 3<br>*Lloyd and Bella Flett*<br>*Bush teachings* | SESSION 4<br>*Fred Stevens*<br>*Road to Self-Identity* |
| 3:15 – 4:15 pm Breakout Sessions | SESSION 1<br>*Travis Bighetty*<br>*First Nation Men's Health with Self, Family and Community* | SESSION 2<br>*Diane Linklater*<br>*Mental Health First Nation First Aid* | SESSION 3<br>*Lloyd and Bella Flett*<br>*Bush teachings* | SESSION 4<br>*Fred Stevens*<br>*Road to Self-Identity* |
| End of Day Two | | | | |

# CONFERENCE AGENDA

## AGENDA DAY THREE

*Thursday, January 17, 2019*

| | |
|---|---|
| 8:00 – 9:00 am | Breakfast served |
| 9:00 – 10:00 am | Being You – Status of Women Canada<br>*Mel Chartrand, Co-Founder* |
| 10:00 – 10:15 am | Health Break<br>*Ice Breaker – Kenneth Henderson* |
| 10:15 – 11:15 am | Ending Violence Against Women: Report Review<br>*Mary Lobson, Founding Director* |
| 11:15 – 12:00 pm | First Nation Family Violence Prevention Projects Panel<br>*Carrie Chubb – Fisher River Cree Nation*<br>*Emily Kematch – York Factory First Nation*<br>*Joan Muswagon – Norway House Cree Nation*<br>*(Community Wellness)* |
| 12:00 – 1:00 pm | Lunch Served<br>*Entertainment provided by: Trio Boulevard* |
| 1:00 – 2:00 pm | Motivational Speaker<br>*Rob 'KASP' Sawan* |
| 2:00 – 2:15 pm | Health Break |
| 2:15 – 3:45 pm | Winnipeg Harm Reduction Network<br>*Shohan Illsley, Executive Director* |
| 3:45 – 4:00 pm | Wrap up and Closing Ceremony<br>*Fred Stevens, Elder, Sapotaweyak Cree Nation* |
| 4:00 pm | Travel cheques disbursed |
| End of Day Three | |

# CONFERENCE SUMMARY

The conference was expanded to three full days, allowing participants to attend fourteen plenary sessions and four concurrent workshops offered in breakout rooms. Every presentation and workshop involved opportunities for the exchange of knowledge via interactive, participatory learning and question and answer sessions.

**Agenda Activities**

a) Opening Prayer / Song: Fred Stevens, Elder, Sapotaweyak Cree Nation and Susan Kobliski, Executive Director, Nelson House Cree Nation

b) Opening Remarks from Circling Buffalo Inc. Board Members: Chief Francine Meeches (Chair), Swan Lake First Nation & Chief Betsy Kennedy, War Lake First Nation

An Opening prayer was provided by Fred Stevens, Elder, Sapotaweyak Cree Nation and Susan Kobliski, Executive Director, Nelson House Cree Nation. Opening Remarks were provided by Circling Buffalo Inc. Board Members: Chief Francine Meeches (Chair), Swan Lake First Nation & Chief Betsy Kennedy, War Lake First Nation. The members of the Board provided information on Circling Buffalo Inc.'s organizational mandate, services and programming, as well as highlighted current trends and issues on domestic and lateral violence among families, communities and workplaces.

c) Plenary Sessions



# DAY ONE

**Indigenous Services Canada**
**Presenter: Tina Kabestra, Intergovernmental Relations Officer, Winnipeg**

Tina Kabestra reported on operational activities at the federal level in terms of programs and planning related to family violence among Manitoba First Nations. She shared the announcement made in February 2017 that five new shelters are being built on First Nations in Canada, with one in Manitoba being built in Nisichawayasihk. The shelters are expected to take about three years to complete. An informative presentation on the federal Family Violence Prevention Program (FVPP) was provided, which included detailed information on its purpose, level of funding, application process and reporting requirements. The program has two streams, one for shelters and the other that addresses all First Nation project activities. The allocation of $14,000 per community was explained, in terms of it being an equal division of funding of $3 million among 63 First Nations. Ms. Kabestra states that INAC is reviewing its current funding allocation. A request was made to make application documents available other than online, and clarification was sought on whether FVPP funding could be leveraged with other community programs or outside programs, such as Child & Family Services.

**Manitoba First Nation Women's Shelter of Directors Panel Presenters:**
**Carrie Chubb - Fisher River First Nation**

Natalie Apetagon – Norway House Cree Nation
Sheri Schweder – Shamattawa First Nation
Susan Kobliski – Nelson House Cree Nation
Flora Castel – Mathias Colomb First Nation
Sharon Mason – Shelter Liaison, Circling Buffalo Inc.

A network of five First Nations Woman's shelters are located on First Nations communities in Manitoba, including in the north. The Panel presented on shelter services and supports available to women and families. Collectively, the shelters offer culturally appropriate resources and counselling to help women and families transition out of domestic violence situations into independent living. They strive not only to keep women and families safe, but to provide them with the tools of self-empowerment.



# DAY ONE

**Circling Buffalo Inc. Two-Spirited Video Screening**

A video was created by Circling Buffalo Inc. to increase knowledge and understanding about Two-Spirited people with the intention to lessen violence towards them in First Nation families and communities. Two-Spirit is a term from an indigenous worldview to express people who do not fit into gender and sexual binaries created by western worldviews. It highlights the fact that indigenous people approach gender as fluid and strive for a healthy sexuality among consenting adults, regardless of gender.

**Two-Spirited Panel Presenters:**
**Brielle Beardy-Linklater, Nisichawayasihk Cree Nation**
**Albert McLeod**
**Vanessa Tait – O-Pipon-Na-Piwin Cree Nation**

Presenters spoke about the unique roles, responsibilities and experiences of Two-Spirited people.

**Domestic Violence: Types of violence, its long-term impact on children and how the WPS is partnering with the community**
**Presenter: Susan Desjardins, Winnipeg Police - Domestic Violence Coordinator**

Susan Desjardine provided comprehensive information on different types of domestic violence (sexual, physical, economic, spiritual), their historical, intergenerational causes and the impacts on children. The causes of family violence among First Nations people in Canada are largely due to colonial and discriminatory federal policy such as the Indian Act, the 60's Scoop and Residential Schools. Other contributing societal factors include poverty, the objectification and sexualization of women, and how men are socialized to be in control and to dominate. She focuses on healthy and unhealthy relationships, including a short video on relationships. She also provided information on how to leave a violent partner.

**Service Canada – Benefits**
**Presenter: Cayla Linaker**

Cayla Linaker spoke about the benefits offered by Services Canada to address and prevent family violence in Indigenous communities.



# DAY ONE

**Men's Resource Centre**
**Presenter: Justin Penner**

The Men's Resource Centre of Manitoba is one of only a few male-focused resource centres in Canada. The Centre's mandate is to provide free therapy services for men ages 16 and up in a way that feels comfortable and familiar to them. They provide support for a diverse range of topics: challenges in daily living, making choices, issues with partners and children, substance abuse, and the rarely spoken about traumas that can have long lasting repercussions. While the stereotype is that all men are strong and in control, the Centre acknowledge that feelings of vulnerability and powerlessness happens to all men. Poor choices can often lead to violence and aggressive behaviours

**Moose Hide Campaign**

The Moose Hide Campaign was co-created by Paul Lacerte and his daughter Raven while they were hunting moose together near the Highway of Tears. The Highway of Tears is a section of highway between Prince George and Prince Rupert, BC, where dozens of women have gone missing or been found murdered. They decided to use squares of moose hide to inspire men to become involved in the movement to end violence towards women and children. Some primary goals of the campaign are to support each other as men and hold each other accountable. To teach young boys about the true meaning of love and respect, and to be healthy role models for them. To heal themselves as men and support their brothers on their healing journey.



# DAY TWO

**Ka Ni Kanichihk Inc.**
**Presenters: Yvonne Jordaan & Candance Neumann**

Ka Ni Kanichihk Inc. is a nonprofit, community based, Indigenous lead human services organization that provides a range of Indigenous identified programs and services that focus on the wholeness, wellness and that builds on the strengths and resilience of Indigenous People. The presenters focused on Medicine Wheel teachings that included the Oppression Wheel, Anti Oppression Training, and the Power and control in the centre of wheel. Key themes included awareness of the interlocking processes of colonization, disppossession and devaluation of land, a resource extraction economy, class, racism and gender and patriarchy. Concluding thoughts centred on how we apply this in our work and how we encourage our partners to apply this in their work. More information can be found at www.kanikanichihk.ca.

**Matthew Shorting, Personal Story**

Matthew Shorting provides an introspective, rigorous and honest story of his life story, which has been shaped by great social injustices that affected his family and himself. He advocates for a Healing Centered Engagement approach that focuses on healing the whole family or care-giving environment. “Its important because I see a lot of people go into addiction treatment centres heal and come back out to the same people who don’t receive healing and they soon find themselves relapsing without the same supports as in the addition treatment centre. So the idea is work with everyone involved. You can’t heal when abuse is still happening. Healing entered engagement is where it is at.”

(https://matthewbrianshorting.wordpress.com/)



# DAY THREE

**Being You – Status of Women Canada**
**Presenter: Mel Chartrand**

Mel Chartrand grew up in the Interlake and Saskatchewan, and together with his wife Shirley founded 'Being You Inc. (http://www.beingyou.mb.ca/consulting.htm), with offices in Winnipeg and Sagkeeng First Nation. The couple combine traditional native healing with modern counselling. The goal is always to help a person reach their own potential, not to just adopt the practices and philosophy of the trainers. They work with the person's spirit. They also design programs for workplaces to deal with modern issues of stress and burnout. Mel and Shirley Chartrand have over nineteen (19) years combined knowledge and experience in research and working with the effects of traumas from sexual abuse, family violence and the residential school legacy. In addition to providing intervention services, they have developed wellness and training programs for caregivers and staff in areas of self-care/management, team building and burnout.

**Ending Violence Against Women: Report Review**
**Presenter: Mary Lobson**

Mary Lobson presented on the organization called Ending Violence Across Manitoba Inc. (EVA Manitoba). It is a not-for-profit organization whose mission is to foster the coordination and collaboration of programs, organizations and government that work together to end domestic and sexual violence in our province. It focuses on coordinating the development of a provincial response for domestic violence, providing Leadership on this issue and Community mobilization initiatives in Manitoba. She provided a group activity for each table, to promote an interagency case assessment which centred around the question: What resources exist in your community?



# DAY THREE

**First Nation Family Violence Prevention Projects Panel**
**Presenters:**
Carrie Chubb – Fisher River Cree Nation
Emily Kematch – York Factory First Nation
Joan Muswagon – Norway House Cree Nation (Community Wellness)

The presenters offered information about projects operating in First Nations communities across Manitoba to prevent family violence. The 63 First Nations in Manitoba are encouraged and supported by Circling Buffalo Inc. to access federal government funding to deliver family violence prevention programs in their communities. The FVPP also supports the network of shelters for women and children in Manitoba. For more information on programs and services related to the prevention of family violence program, please contact Circling Buffalo Inc. www.circlingbuffalo.ca.

**Motivational Speaker, Rob 'KASP' Sawan**

The acronym 'KASP' stands for 'Keeping Alive the Stories for the People.' It the handled of hip hop artist and motivational speaker Rob Sawan from the South Okanagan in BC. K.A.S.P's purpose is to Empower, Motivate, and Inspire, Youth & Communities by using Powerful & Engaging Workshops, Motivational Speaking, & HipHop Shows. www.kaspmusic.ca

**Winnipeg Harm Reduction Network**
**Presenter: Shohan Illsley, Executive Director**

The Manitoba Harm Reduction Network works to coordinate efforts and support harm reduction within and across jurisdictions. They do workshops, community projects, support organizations in creating or improving policy and services, and partner with peer-based organizations and groups of people who use drugs. They focus on harm reduction, access, community building, and the inclusion of people impacted by substance use in the services and decisions that affect them. "We believe that harm reduction, equitable access and safer service delivery are important parts of supporting healthy communities." https://mhrn.ca/

**Wrap up and Closing Ceremony**
**Fred Stevens, Elder, Sapotaweyak Cree Nation**
The Conference was completed in a good way with an Elder offering a wrap-up and closing ceremony.



# BREAKOUT SESSIONS

**Four concurrent breakout sessions were held over the three days:**

**SESSION 1:** Travis Bighetty, First Nation Men's Health with Self, Family and Community
**SESSION 2:** Diane Linklater, Mental Health First Nation First Aid
**SESSION 3:** Lloyd and Bella Flett, Bush teachings
**SESSION 4:** Fred Stevens, Road to Self-Identity

# FORUM EVALUATION

In keeping with its commitment to continuous organizational improvement and excellence, Circling Buffalo Inc. asked forum participants to complete a four-page, anonymous evaluation form to provide detailed feedback on their forum experience. (This form is attached as Appendix A).

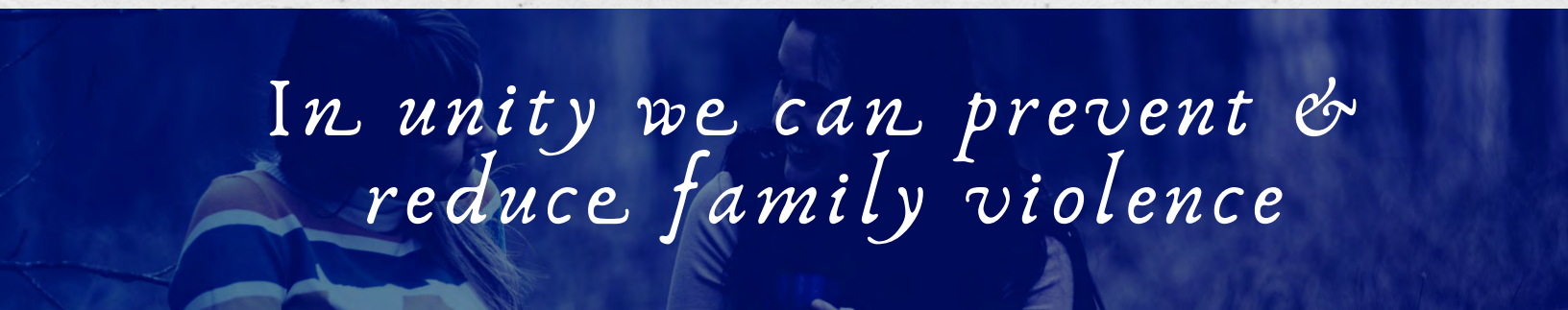
A total of 79 registered participants completed the form, representing about 45% of the total participants at the forum. Given the diversity of fields of work identified by respondents, the results of the evaluation form are likely representative of overall opinions.

Participants were asked to rate each plenary and breakout session on two scales: Level of satisfaction with the overall presentation of information and the Level of importance of the topic/content.

| Level of Satisfaction | | Level of Importance | |
|---|---|---|---|
| 4 | Very Satisfied | 4 | Very Important |
| 3 | Satisfied | 3 | Important |
| 2 | Somewhat Satisfied | 2 | Somewhat Important |
| 1 | Not Satisfied | 1 | Not Important |

In addition, the form provided space for participants to add comments for each speaker.

Below is a detailed summary of the evaluation results by the plenary presenter(s) and break out session. Please note that there are varying levels of response rates for each speaker, which impacts overall percentages.



# RESULTS OF FORUM
## *evaluation*

**Summary of General Feedback**

On the evaluation form, participants were asked for general feedback on the forum, as well as for their opinions on what they enjoyed most about the forum, what they would change/improve and their suggestions for future topics and speakers.

Overall, the general feedback on the forum was excellent, with many respondents indicating that they enjoyed their experience more than last year. It is likely that Circling Buffalo's responsiveness to the feedback from the previous forum is responsible for improving on already very favourable forum experiences. This year many of the respondents indicated that the forum content should be shared more widely among communities, and that the forum should include more community participants. Respondents repeatedly commented that the forum was very well organized and continues to get better each year.

However, one responded sitting in the back of the room had difficulty hearing the plenary presentations. In addition, there was a request for more role playing scenarios among plenary speakers as well as more workshops.

**What they enjoyed most:**

The forum successfully appealed to a broad range of interests with its diversity of speakers and content. The most often repeated comment was that respondents especially liked the break-out sessions. The one break-out session that was highlighted the most was the Bush Teachings workshop. Virtually all the plenary speakers received favourable comments, with no particular plenary speaker being mentioned more than once or twice.

Several respondents highlighted that they believe that hearing about other service providers' experiences working to prevent family violence, and hearing from those who have overcoming family violence personally, will make them better able to do their jobs.

**What they would change:**

The vast majority of respondents indicated that they would not change anything about the forum. It is important to note that the proposed changes below were mostly single responses and do not reflect the opinion of most participants.

In terms of logistics, single respondents indicated the following:

- Difficulty hearing plenary speakers and requested a better sound system
- A room or space for smudging
- Kleenex on tables
- Access to parking in the area was an issue
- Better hotel accommodations

# SUMMARY OF GENERAL FEEDBACK

In terms of content for the plenary and break-out sessions, the following comments were provided:

- Speakers should focus on knowledge instead of their own personal journey
- Movement exercises should be held in between speakers
- Actual client/survivor feedback receiving these services
- what they think should be included (fulfilling this request could violate client confidentiality)
- Add massages or some type of self-care sessions, e.g. a medicine couple to talk to for hourly sessions
- Keep the speakers local to Manitoba
- Include an Elders panel or knowledge keepers panel
- Build-in networking sessions and discussions among participants for networking and to share resources among service providers
- Include talks by paramedics, doctors or front-line medical staff to speak on the impacts of violence

Significantly, one respondent indicated that they do not want any more Two Spirited presentations. It is important to be aware of this negative sentiment to ensure a safe space for future Two-Spirited presenters.

There was also a request to have actual clients or those families dealing with family violence situations to attend this forum. Also, there was a comment that more youth should attend.



# SUMMARY OF GENERAL FEEDBACK

**Future Topics:**
A number of potential topics were offered:

- Supporting Children
- Youth Empowerment
- Traditional Healing Sessions on-site
- Traditional & Ceremonial Teachings – Rights of Passage
- Cultural practice as prevention: Hoop dancers, fiddle players, jiggle dress dancers, drum groups
- Sexual Abuse training
- More community projects on violence & prevention
- Restorative Justice
- Increase the male-focused topics
- Impact of Residential School
- Substance use and violence, e.g. Methamphetamine crisis
- Various Male Topics - Violence/Abuse targeting Men, Men broke their cycle of violence
- Other province's programming on family violence prevention
- Anger and grief management
- More Role playing and Icebreakers
- How women can be abusers
- Missing and Murdered Women and girls
- CFS Issues, Awasis Agency interventions
-

**Future Speakers:**
A number of potential speakers were offered:

- Doctors with experience treating domestic violence survivors
- Families with missing and murdered women and experiences
- Land-based presenter
- More family-oriented speakers
- Youth Speakers
- Elders/Traditional Knowledge Keepers
- Former gang members, e.g. Jeff Constant, Thomas Randle
- Specific Individuals:
- Ken Bighetty, the puppet guys
- Shirley Turcotte, Josephine Bear, Daniel Bear (PTSD presenters)
- Michael Ferland (hockey player)
- Leah Fontaine – restorative justice
- Angela MacDougall – Battered Women's Support Services, BC
- Josie Bear – Trauma
- Bever River FN family violence program
- Theo Fleury
- Dennis and Rose Turner from Grand Rapids

*In unity we can prevent & reduce family violence*

## SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Indigenous Services Canada**
**Presenter: Tina Kabestra**

Overall, most respondents found the presentation helpful for accessing FVPP program supports and understanding the decision-making processes of the program. The majority of respondent comments positively rated both the format of her presentation and the value of its content.

**Level of Satisfaction**

- 22% of Respondents were Very Satisfied (22)
- 66% of Respondents were Satisfied (51)
- 5% of Respondents were Somewhat Satisfied (4)
- No Respondents were Not Satisfied

**Level of Importance**

- 34% of Respondents rated the session as Very Important (21)
- 62% of Respondents rated the session as Important (38)
- 3% of Respondents rated the session as Somewhat Important (2)
- No Respondents rated the session as not Important



# SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Manitoba First Nation Women's Shelter of Directors Panel**
**Presenters:**
**Carrie Chubb - Fisher River First Nation**
**Natalie Apetagon – Norway House Cree Nation**
**Sheri Schweder – Shamattawa First Nation**
**Susan Kobliski – Nelson House Cree Nation**
**Flora Castel – Mathias Colomb First Nation**
**Sharon Mason – Shelter Liaison, Circling Buffalo Inc.**

While the majority (92%) rated the Panel's information as very important or important, respondents were less satisfied with the overall presentation format—15% were only somewhat satisfied. While comments were very favourable about the value of the shelters in First Nation communities, some respondents wanted to know more about the history of the shelters, such as the process for funding and establishing a shelter.

**Level of Satisfaction**

- 40% of Respondents were Very Satisfied (27)
- 43% of Respondents were Satisfied (29)
- 15% of Respondents were Somewhat Satisfied (10)
- 1% of Respondents were Not Satisfied (1)

**Level of Importance**

- 49% of Respondents rated the session as Very Important (21)
- 43% of Respondents rated the session as Important (27)
- 6% of Respondents rated the session as Somewhat Important (4)
- 2% of Respondents rated the session as Not Important (1)



## SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Two-Spirited Panel**
**Presenters:**
**Brielle Beardy-Linklater, Nisichawayasihk Cree Nation**
**Albert McLeod**
**Vanessa Tait – O-Pipon-Na-Piwin Cree Nation**

Respondents described virtually equal levels of satisfaction and importance for the format and content of this Panel: 89% of respondents reported being satisfied or very satisfied and 88% reported the content/topic as important or very important.

The majority of respondents indicated that they had never been provided with information on Two-spirit experiences and issues of violence. For many, it was informative and opened them up to a new world of experience and perspectives, while some other respondents reported great discomfort with the Panel because it conflicted with their 'values.' Many respondents expressed a desire for more information on what ISC resources are available to address the violence facing Two-spirit people, and also requested more information at the community level.

**Level of Satisfaction**

- 56% of Respondents were Very Satisfied (36)
- 33% of Respondents were Satisfied (21)
- 8% of Respondents were Somewhat Satisfied (5)
- 3% of Respondents were Not Satisfied (2)

**Level of Importance**

- 59% Respondents rated the session as Very Important (37)
- 29% of Respondents rated the session as Important (18)
- 10% of Respondents rated the session as Somewhat Important (6)
- 3% of Respondents rated the session as Not Important (2)

# SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Winnipeg Police**
**Presenter: Susan Desjardine**

While the overall levels of satisfaction and importance were high for this speaker—96% were satisfied or very satisfied and 97% rated the session as important or very important, the comments recommended many varied improvements. The most frequent include: expand this presentation and bring in more police presenters; focus more on first-hand experiences and on-the-ground community engagement rather than statistics; and also to focus more on what is being done to address children as witnesses of violence.

**Level of Satisfaction**

- 56% of Respondents were Very Satisfied (39)
- 40% of Respondents were Satisfied (28)
- 4% of Respondents were Somewhat Satisfied (3)
- No Respondents were Not Satisfied

**Level of Importance**

- 68% of Respondents rated the session as Very Important (44)
- 29% of Respondents rated the session as Important (19)
- 3% of Respondents rated the session as Somewhat Important (2)
- No Respondents rated the session as not Important

# SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Service Canada – Benefits**
**Presenter: Cayla Linaker**

The total combined number of respondents very satisfied or satisfied with this speaker is 88%, while 72% of respondents reported the presentation as 'Important' or 'Very Important.' However, 29% believed the presentation to be only 'Somewhat Important.' The comments were all positive, noting that the presentation contained good, informative information especially on services for people with disabilities.

**Level of Satisfaction**

- 34% of Respondents were Very Satisfied (23)
- 53% of Respondents were satisfied (30)
- 12% of Respondents were Somewhat Satisfied (4)
- 1% of Respondents were not Satisfied (1)

**Level of Importance**

- 36% of Respondents rated the session as Very Important (21)
- 36% of Respondents rated the session as Important (21)
- 29% of Respondents rated the session as Somewhat Important (17)
- No Respondents rated the session as not Important



# SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Men's Resource Centre**
**Presenter: Justin Penner**

The total combined number of respondents 'Very Satisfied' or 'Satisfied' with this speaker is 94%, while 97% of respondents reported the presentation as 'Important' or 'Very Important.' Overall, the general comments are overwhelmingly positive, with requests only for services for men that are from an indigenous perspective and available at or near remote communities, if any.

**Level of Satisfaction**

- 49% of Respondents were Very Satisfied (33)
- 45% of Respondents were Satisfied (30)
- 6% of Respondents were Somewhat Satisfied (4)
- No Respondents were not Satisfied

**Level of Importance**

- 55% of Respondents rated the session as Very Important (36)
- 42% of Respondents rated the session as Important (27)
- 3% of Respondents rated the session as Somewhat Important (2)
- No Respondents rated the session as not Important



# SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Moosehide Campaign**
**Presenter: Sage Lacerte**

Virtually all respondents reported being very satisfied or very satisfied with this presenter (99%) and all respondents (100%) described the presentation as 'Important' or 'Very Important.' The comments on this presentation were excellent, with the passion and youthfulness of the speaker and the focus on men as vital to the healthy well-being of the family frequently mentiond as strengths.

**Level of Satisfaction**

- 73% of Respondents were Very Satisfied (49)
- 25% of Respondents were Satisfied (17)
- 1% of Respondents were Somewhat Satisfied (1)
- No Respondents were not Satisfied

**Level of Importance**

- 73% of Respondents rated the session as Very Important (33)
- 27% of Respondents rated the session as Important (16)
- 0% of Respondents rated the session as Somewhat Important (5)
- 0% of Respondents rated the session as not Important (1)



## SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Ka Ni Kanichihk Inc.**
**Presenters: Yvonne Jordaan & Candance Neumann**

Overall, these presenters received a very high number of respondents who described themselves as very satisfied or satisfied (92%) with their presentation and who attached a very important or important (94%) level of importance to their message. The majority of feedback on this speaker was that it was "very informative" and that many respondents were not aware of this agency or its resources.

**Level of Satisfaction**

- 46% of Respondents were Very Satisfied (33)
- 46% of Respondents were Satisfied (33)
- 8% of Respondents were Somewhat Satisfied (6)
- No Respondents were not Satisfied

**Level of Importance**

- 45% of Respondents rated the session as Very Important (32)
- 49% of Respondents rated the session as Important (35)
- 6% of Respondents rated the session as Somewhat Important (4)
- No Respondents rated the session as not Important



## SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Speaker: Matthew Shorting**

Overall, this speaker received the highest number of respondents who described themselves as very satisfied with his presentation and who attached a very high level of importance to his message. His personal story about how CFS and foster care failed to protect and keep him safe is described as an important story to share, particularly with other men and young men who may have had similar experiences. Most comments applauded his courage and described his story as "touching." One respondent cautioned that his story contained "explicit" content, which all listeners should be made aware of prior to the presentation.

**Level of Satisfaction**

- 61% of Respondents were Very Satisfied (44)
- 32% of Respondents were Satisfied (23)
- 6% of Respondents were Somewhat Satisfied 4)
- 1% of Respondents were not Satisfied (1)

**Level of Importance**

- 65% of Respondents rated the session as Very Important (51)
- 30% of Respondents rated the session as Important (24)
- 4% of Respondents rated the session as Somewhat Important (3)
- 1% of Respondents rated the session as not Important (1)

# SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Being You Inc.**
**Presenter: Mel Chartrand**

The total combined number of respondents very satisfied or satisfied with this speaker is 91% and 96% of respondents reported the presentation as 'Important' or 'Very Important.' The respondents especially liked the blending of traditional indigenous healing with mental health therapy and he focus on the need to heal the inner, spiritual self. His philosophy of life-long learning was also inspiring. One person had difficulty hearing his presentation.Being You Inc.

**Level of Satisfaction**

- 49% of Respondents were Very Satisfied (35)
- 42% of Respondents were Satisfied (30)
- 7% of Respondents were Somewhat Satisfied (5)
- 1% of Respondents were not Satisfied (1)

**Level of Importance**

- 54% of Respondents rated the session as Very Important (37)
- 42% of Respondents rated the session as Important (29)
- 3% of Respondents rated the session as Somewhat Important (2)
- 1% of Respondents rated the session as not Important (1)

# SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Ending Violence Against Women**
**Speaker: Mary Lobson**

The total combined number of respondents very satisfied or satisfied with this speaker is 92%, while 95% of respondents reported the presentation as important or very important. Respondents frequently described the presentation as “very informative.” Importantly, one respondent asked when an Interagency Case Assessment Team (ICAT) will be launched in First Nation communities.

**Level of Satisfaction**

- 52% of Respondents were Very Satisfied (34)
- 40% of Respondents were Satisfied (26)
- 8% of Respondents were Somewhat Satisfied (5)
- No Respondents were not Satisfied

**Level of Importance**

- 52% of Respondents rated the session as Very Important (33)
- 43% of Respondents rated the session as Important (27)
- 3% of Respondents rated the session as Somewhat Important (2)
- 2% of Respondents rated the session as not Important (1)



# SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Family Violence Prevention Program Panel**
**Presenters: Carrie Chubb, Emily Kematch, Joan Muswagon**

This Panel received very high levels of satisfaction and importance—the number of respondents very satisfied or satisfied with this speaker is 95%, while 94% of respondents reported the presentation as important or very important. Overall, respondents liked the women's innovative programming and use of family violence prevention funding, as well as the fact that these ladies shared their own personal experiences with family violence. One respondent commented that this Panel could have been allocated more time to present.

**Level of Satisfaction**

- 60% of Respondents were Very Satisfied (34)
- 35% of Respondents were Satisfied (26)
- 5% of Respondents were Somewhat Satisfied (5)
- No Respondents were not Satisfied

**Level of Importance**

- 52% of Respondents rated the session as Very Important (33)
- 43% of Respondents rated the session as Important (27)
- 3% of Respondents rated the session as Somewhat Important (2)
- 2% of Respondents rated the session as not Important (1)



## SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Presenter: Rob 'KASP' Sawan**

The vast majority (94%) of respondents indicated they were very satisfied or satisfied with this presenter and a virtually equal number (95%) thought the session was very important or important. Overall, respondents liked his music and especially liked that he draws on Elder wisdom and traditional teachings. There was only one respondent who did not like his music and found it too loud.

**Level of Satisfaction**

- 52% of Respondents were Very Satisfied (35)
- 42% of Respondents were Satisfied (28)
- 3% of Respondents were Somewhat Satisfied (2)
- 3% of Respondents were not Satisfied (2)

**Level of Importance**

- 57% of Respondents rated the session as Very Important (37)
- 38% of Respondents rated the session as Important (25)
- 2% of Respondents rated the session as Somewhat Important (1)
- 3% of Respondents rated the session as not Important (2)



## SUMMARY OF FEEDBACK BY PLENARY PRESENTERS

**Harm Reduction**
**Presenter: Shonan Illsley**

Overall, this speaker received the second highest number (96%) of respondents who described themselves as very satisfied and satisfied with her presentation and who attached a very important or important level (96%) to her message. The majority of comments were impressed by the presenter's humour and engaging, interactive style of speaking. The content of her presentation was also described as informative and valuable.

**Level of Satisfaction**

- 62% of Respondents were Very Satisfied (33)
- 34% of Respondents were Satisfied (18)
- 2% of Respondents were Somewhat Satisfied (1)
- 2% of Respondents were not Satisfied (1)

**Level of Importance**

- 58% of Respondents rated the session as Very Important (29)
- 38% of Respondents rated the session as Important (19)
- 2% of Respondents rated the session as Somewhat Important (1)
- 2% of Respondents rated the session as not Important (1)



## SUMMARY OF FEEDBACK BY BREAKOUT SESSION

For the break-out sessions, respondents were only asked to rate their overall levels of satisfaction and importance, and were not invited to leave general comments. Overall, respondents expressed high levels of both satisfaction and importance for the break-out sessions.

In addition, some respondents did comment on the value of the break-out sessions in their general comments. Some respondents identified the break-out sessions as the aspect they most enjoyed about the forum.

The overall levels of satisfaction and importance for the break-out sessions are as follows:

**Level of Satisfaction**

| | First Nations Men's Health with Self | Mental Health First Aid | Bush Teachings | Road to Self-Identity |
|---|---|---|---|---|
| Very Satisfied | 65% | 59% | 74% | 58% |
| Satisfied | 31% | 36% | 21% | 37% |
| Somewhat Satisfied | 3% | 3% | 5% | 4% |
| Not Satisfied | 2% | 2% | 0% | 2% |

**Level of Importance**

| | First Nations Men's Health with Self | Mental Health First Aid | Bush Teachings | Road to Self-Identity |
|---|---|---|---|---|
| Very Satisfied | 58% | 75% | 75% | 70% |
| Satisfied | 38% | 24% | 21% | 28% |
| Somewhat Satisfied | 2% | 1% | 3% | 1% |
| Not Satisfied | 2% | 0% | 0% | 0% |

# ATTACHMENTS

Please see following pages for the Circling Buffalo Inc.: Family Violence Prevention Forum Evaluation Form.

## Circling Buffalo Inc. Family Violence Prevention Forum

# Evaluation Form

### January 15 - 17, 2019

We value your opinion regarding the quality and effectiveness of this forum. We want you take a moment throughout the forum to complete this evaluation form, as it will help us with planning future events.

***Please remember to return this evaluation form at the end of the Forum.**

**WHICH OF THE FOLLOWING BEST DESCRIBES YOUR AREA OF EMPLOYMENT?**

☐ Social Development ☐ Government ☐ Elected Leadership

☐ Other (Please specify) _____

**Please rate each of the following sessions that you attended, by circling a number from 1 – 4 based on how satisfied you were with the session and the level of importance to you:**

| | | | |
|---|---|---|---|
| 4 | Very Satisfied | 4 | Very Important |
| 3 | Satisfied | 3 | Important |
| 2 | Somewhat Satisfied | 2 | Somewhat Important |
| 1 | Not Satisfied | 1 | Not Important |

| Forum Session | Level of Satisfaction | | | | Level of Importance | | | |
|---|---|---|---|---|---|---|---|---|
| **Tuesday** | | | | | | | | |
| 9:10 – 9:30 (INAC)<br>Speaker: Tina Kabestra | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |
| 9:30 – 10:30<br>(Shelter Directors Panel)<br>Speakers: Carrie Chubb, Natalie Apetagon, Sheri Schweder Susan Kobliski, Flora Castel, Sharon Mason | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |

**Comments:**

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_____

**Comments:**

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_____

| | | | |
|---|---|---|---|
| 4 | Very Satisfied | 4 | Very Important |
| 3 | Satisfied | 3 | Important |
| 2 | Somewhat Satisfied | 2 | Somewhat Important |
| 1 | Not Satisfied | 1 | Not Important |

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 10:45 – 12:00 (Two-Spirited)<br>Speaker: Brielle Beardy-Linklater, Albert McLeod, Vanessa Tait | 1 | 2 | 3 | 4 | | 1 | 2 | 3 | 4 |

**Comments:**

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| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 1:00 – 2:00 (Domestic Violence)<br>Speaker: Susan Desjardins, Winnipeg Police | 1 | 2 | 3 | 4 | | 1 | 2 | 3 | 4 |

**Comments:**

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| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 2:00 – 2:30 (Service Canada)<br>Speaker: Cayla Linaker | 1 | 2 | 3 | 4 | | 1 | 2 | 3 | 4 |

**Comments:**

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| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 2:30 – 3:30 (Men's Resource)<br>Speaker: Justin Penner | 1 | 2 | 3 | 4 | | 1 | 2 | 3 | 4 |

**Comments:**

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| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 2:30 – 3:30 (Moose Hide)<br>Speaker: TBD | 1 | 2 | 3 | 4 | | 1 | 2 | 3 | 4 |

**Comments:**

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************************************END OF DAY ONE************************************

| | | | |
|---|---|---|---|
| 4 | Very Satisfied | 4 | Very Important |
| 3 | Satisfied | 3 | Important |
| 2 | Somewhat Satisfied | 2 | Somewhat Important |
| 1 | Not Satisfied | 1 | Not Important |

## Wednesday

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9:00 -10:00 (Ka Ni Kanichihk)<br>Speakers: Yvonne Jordan | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |

**Comments:**

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| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 10:15-11:00 (Personal Story)<br>Speaker: Matthew Shorting | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |

**Comments:**

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**********END OF DAY TWO**********

## Thursday

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9:00-10:00 (Being You)<br>Speaker: Mel Chartrand | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |

**Comments:**

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| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 10:15-11:15 (Ending Violence)<br>Speaker: Mary Lobson | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |

**Comments:**

_____

_____

| | | | |
|---|---|---|---|
| 4 | Very Satisfied | 4 | Very Important |
| 3 | Satisfied | 3 | Important |
| 2 | Somewhat Satisfied | 2 | Somewhat Important |
| 1 | Not Satisfied | 1 | Not Important |

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| 11:15-12:00 (Prevention Panel)<br>Speaker: Carrie Chubb, Emily Kematch, Joan Muswagon | 1 | 2 | 3 | 4 | | 1 | 2 | 3 | 4 |
| 1:00-2:00 (Motivational)<br>Speaker: Rob 'KASP' Sawan | 1 | 2 | 3 | 4 | | 1 | 2 | 3 | 4 |
| 2:15-3:45 (Harm Reduction)<br>Speaker: Shonan Illsley | 1 | 2 | 3 | 4 | | 1 | 2 | 3 | 4 |

**Comments:**

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**Comments:**

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**Comments:**

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## Break-out Sessions

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| FN Men's Health with Self | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |
| Mental Health First Aid | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |
| Bush Teachings | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |
| Road to Self-Identity | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |

**Overall, how would you rate this forum?**

☐ **Excellent** ☐ **Good** ☐ **Satisfactory** ☐ **Poor**

**General Comments:**

_____

_____

**What did you enjoy the most about this forum? (e.g. session, speaker, breakout)**

_____

_____

**What would you change to improve this forum?**

_____

_____

**Do you have suggestions for future topics?**

_____

_____

**Do you have suggestions for future speakers?**

_____

_____

**Thank you for participating & being a part of the Circling Buffalo Family Violence Prevention Forum!**