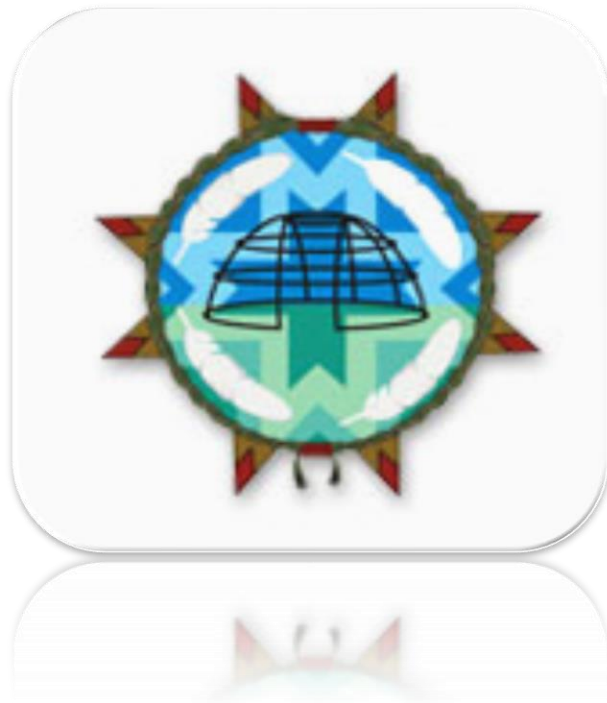


Manitoba Family Violence Prevention Circling Buffalo Inc.



Awaking the Spirit Honouring Life

4th Annual Circling Buffalo Orientation March 24 – 26, 2015 Canad Inn Polo Park,
1405 St. Matthews Ave, Winnipeg MB

Executive Summary

The Circling Buffalo Manitoba First Nations Board for Family Violence Prevention (Circling Buffalo Inc.) was formed as a response to the need for Manitoba First Nations to strengthen their ability to design, control and manage the AANDC Family Violence Prevention Program (FVPP) for Manitoba First Nations. The Board is responsible for overseeing the FVPP projects funded by AANDC Manitoba Region.

Circling Buffalo's mission is to empower our communities to build upon their strengths, communicate and network effectively, and provide prevention services through holistic, community-driven programming. Our vision is to gather in unity to awaken the spirit of the people and the will within honouring life.

The ***4th Annual Orientation: Awaking the Spirit Honouring Life*** is an annual event that contributes significantly to the fulfillment of Circling Buffalo's fulfillment mission and vision. The plan is to continue to host the event on an annual basis.

The gathering this year provided an excellent opportunity for communities, youth, Elders, service providers and other stakeholders to gather in unity to identify strengths, exchange knowledge and network, all working towards the common goal of Family Violence prevention by Awaking the Spirit Honouring Life in Manitoba First Nation communities. It was clear that participants felt this gathering was a source of revitalization.

Participants gained much valuable knowledge on family violence prevention throughout the three days. On day one, participants heard from representatives from AYO (Aboriginal Youth Opportunities), AMC (Assembly of Manitoba Chiefs) and the RCMP. Other invited speakers presented solutions, such as the Red Road to healing and how to stay connected. Day two included presentations on personal stories, followed by small group discussion and sharing circles. Other topics discussed included Women's Teachings, Men's teachings and the role of men and women. The final day concluded with updates on the First Nation Shelters and Provincial Shelters and presentations on Alternative for Youth Healing and Dakota Drug Unity Ride.



On Behalf of the Circling Buffalo Board:

Tansi, Aaniin, Wotziye, Ho, Han, Boozhoo!

The Circling Buffalo Board would like to thank everyone for being a part of our **4th Annual Orientation**. We were pleased to see a number of participants from all over Manitoba – from youth to our Elders and from community members to various community support and service providers. Sharing information with one another and brainstorming solutions on the issue of Family Violence Prevention by Awakening the Spirit Honouring Life in our communities is an important step in empowering ourselves to heal from this issue.

Again, on behalf of the Circling Buffalo Board, thank you to all the participants and presenters who shared their stories, knowledge and teachings over the three days. *We gather in unity to awaken the spirit of the people and the will within honouring life*



Manitoba First Nations Family Violence Prevention
In unity we can prevent & reduce family violence



4th Annual Circling Buffalo Orientation

Opening Prayer by Doug Hanska, Honour Song by Dakota Spirit Drum Group

Creating an Understanding When Working with Sexually Exploited Youth

A presentation was made describing abused and sexually exploited youth. The presenter spoke about Ndinawe a youth resource center where at risk youth can access help and explained how “Programs don’t change people, people change people”.

Presenter:

Jenna Wirch, Youth Engagement Coordinator, AYO (Aboriginal Youth Opportunities). She is a strong 23 year old Anishinaabe from the north end of Winnipeg. In 2013, she received her Child and Youth care certificate and is currently employed with Ndinawe youth resource center. Jenna grew up being a survivor of the child welfare system and homeless a lot of the times, Ndinawe was a place that helped her flourish and continue to keep pushing her to be successful today. She now represents AYO on the megaphone at many events and mentors other young people across the city.

Missing and Murdered Indigenous Women Framework “Families First”

A presentation was made describing what help and resources are available for the Northern and Southern families of Missing and Murdered Indigenous Women and Girls (MMIWG). The presenter shared the Families First 3 phases - 1. Develop families first 2. Define families first 3. Implement families first July – Sept 2015.

Presenter:



Awaking the Spirit Honouring Life

Karen Harper, Community Liaison/Researcher, AMC (Assembly of Manitoba Chiefs). She is a woman of Cree descent from Peguis First Nation. Karen advocates for women's leadership development and improving the socio-economic status of women, children, and families. Karen is the proud mother of 2 adult sons and a beautiful daughter in law.

Red Road to Healing

A presentation was made describing the Red Road to Healing program that teaches spiritual & cultural teachings that are acceptable to help coop with healing on domestic & family violence. The program is a best practice to reduce violence and increase safety for Indigenous women.

Presenter:



Shannon Buck, Traditional Teacher, Owner & Lead Trainer of EastWind Training and Consulting. Shannon is an Anishinaabe/Metis from Treaty One and has over ten years of experience as a service provider working as a counsellor, program manager, program director and human resources director. Having worked for many years as a facilitator, helper and cultural advisor, she has facilitated cross-cultural trainings and workshops to dozens of Indigenous and non-Indigenous agencies and is the creator of the Red Road to Healing Family Violence Program.

Human Trafficking/Exploitation Awareness – RCMP

A presentation was made describing human trafficking. How it can happen within community to community, province to province and even home to home.

Presenter:

Gabriel Simard, RCMP.



4th Annual Circling Buffalo Orientation

How to Stay Connected with Rural Communities

A group discussion was made describing ways rural communities can stay connected.



Presenter:

Karen Harper, Community Liaison/Researcher, AMC (Assembly of Manitoba Chiefs).

Canadian Red Cross

A presentation was made describing the services available by the Canadian Red Cross.

Presenter:

Rebbeca Ulrich, Provincial Manager of Education Programs, Canadian Red Cross.

Awaking the Spirit Honouring Life



Following Up From National Roundtable

A presentation was made describing how many Missing and Murdered Indigenous Women and Girls are in Canada. There is over 1200 missing women and girls in Canada and approximately 120 missing in Manitoba. The 6th Annual Wiping Away Tears will be at a National level this year.

Presenter:



Nahanni Fontaine, Special Advisor on Aboriginal Women's Issues, Aboriginal Issues Committee of Cabinet of Manitoba. Nahanni is a Status Ojibway from the Sagkeeng Anishinaabe First Nation in Southern Manitoba. She has a Bachelor of Arts degree from the University of Winnipeg in Environmental Studies and International Development, and a Masters of Arts degree in Native Studies, Women's Studies and Critical Theory from the University of Manitoba. Ms. Fontaine is currently on leave from the University of Manitoba Interdisciplinary Ph.D Program.

Personal Story: Nahanni Fontaine

Nahanni shared her life story describing how she overcame family violence to become a successful individual. She also expressed how you shouldn't be scared to tell the truth, we need to hear the truth even if it is brutal and if people do not want to hear it.

Presenter:

Nahanni Fontaine, Special Advisor on Aboriginal Women's Issues, Aboriginal Issues Committee of Cabinet of Manitoba.

Personal Story: Angelina Anaquod

Angelina shared her life story describing how she grew up witnessing domestic violence and how she had a baby at a young age but had to give her baby up for adoption. She explained how your healing journey makes you stronger and you have to think about your past as a positive.

4th Annual Circling Buffalo Orientation



Presenter:



Angeline Anaquod, Addictions Worker, Presenter, Advocate. Angeline is from the Muscowpetung First Nation in Saskatchewan. She has 5 adult children and 8 grandchildren. She works in all walks of life, she educates, shows compassion, kindness and love.

Women's and Men's Teachings

A presentation was made on women's and men's teachings available for individuals impacted by family violence.

Presenter:

Barry Cook

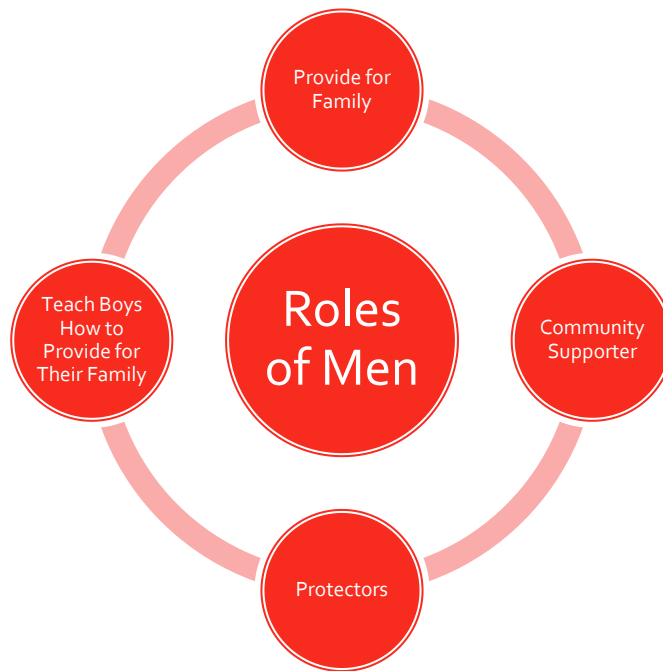
Sharing Circle on Roles of Women



Awaking the Spirit Honouring Life



Sharing Circle on Roles of Men



First Nation Shelters Update

The First Nation Shelters have a 7 week spiritual men's program available for male boys 12 and older. Each week they will learn something new:

- Week 1 – Who am I?
- Week 2 – Teaching of Respect and Anger Management.
- Week 3 – What is Family Violence?
- Week 4 – What is Sexuality?
- Week 5 – How to Grieve Loss?
- Week 6 – Working with Children
- Week 7 – Self Care

Presenter:

Carrie Chubb,

4th Annual Circling Buffalo Orientation

Provincial Shelters Update



There are 10 shelters founded in Manitoba, 2 of these shelters are in Winnipeg. The shelters accept women from out of Intern housing is available for up to 1 year after the year they follow up with the client. There are 4 second stage programs in Manitoba that are funded by the Government. There were a total of 1219 emergency calls this year.

Presenter:

Trudy Lavalee

Alternative for Youth Healing

A presentation was made describing how sports and recreation are a form of youth healing.

Presenter:



Isabelle Aube, President and Founder of Native Way Training Services. Isabelle is a Metis woman living in Ottawa. She is committed to promoting health in Aboriginal communities through sport and recreation as well as community mobilization training. She traveled throughout Canada giving the internationally recognized Aboriginal Community Warrior Fitness certification course and trained 230 trainers in 2 years.

Dakota Drug Unity Ride

A presentation was made describing the history of the unity ride and what the horses symbolize.

Presenter:

Doug Hanska



Key Messages:



- Programs don't change people, people change people.
- In order to coop with healing we need to support one another.
- A good plan is like a road map, it shows the final destination.
- To connect with youth you must understand the issue, recognize vulnerability and resilience and then create a prevention program.
- Do it for yourself and it will happen for our children. Don't do it for your children's future, do it now and the future will be there for them.
- Don't be scared to tell the truth. The truth needs to be heard even if people do not want to hear it.
- There are lots of resources available for healing, do not be scared to ask for help.



Appendix A: Delegate Representative Areas

Organizations

Aboriginal Affairs & Northern
Development Canada
Aboriginal Health and Wellness Centre
Anishinaabe Child & Family Services
Assembly of Manitoba Chiefs
Canadian Red Cross
Health Canada
Ikwe-Widdjiitiwin Inc
Interlake Reserves Tribal Council
Manitoba Justice
Manitoba Status of Women
Nainawa (Youth Opportunities)
Southern Chiefs Organization
Swampy Cree Tribal Council
Winnipeg Police Services

First Nations

Birdtail Sioux Dakota Nation
Bloodvein First Nation
Brokenhead Ojibway Nation
Canupawakpa Dakota First Nation
Chemawawin Cree Nation
Dauphin River First Nation
Ebb & Flow First Nation
Fisher River Cree Nation
Fox Lake Cree Nation
Garden Hill First Nation
Gods Lake First Nation
Grand Rapids First Nation
Keeseekoowenin Ojibway Nation
Lake Manitoba First Nation
Lake St. Martin First Nation
Little Saskatchewan First Nation
Long Plain First Nation

Marcel Colomb First Nation
Mathias Colomb Cree Nation
Mosakahiken Cree Nation
Norway House Cree Nation
O-Chi-Chak-Ko-Sipi First Nation
Opaskwayak Cree Nation
Peguis First Nation
Pinaymootang First Nation
Pine Creek First Nation
Popular River First Nation
Roseau River First Nation
Sagkeeng First Nation
Sandy Bay First Nation
Sapotaweyak Cree Nation
Shamattawa First Nation
Skownan First Nation
Sioux Valley Dakota Nation
South Indian Lake First Nation
Tootinaowaziibeng First Nation
War Lake First Nation
Wuskwi Sipiik First Nation



Appendix B: Forum Agenda



Manitoba First Nations Family Violence Prevention Program – Circling Buffalo Board

Tuesday, March 24, 2015

8:00 – 8:30 am	Registration Opening Prayer Drum Group	Elder Henry Skywater Dakota Spirit
8:30 – 9:10 am	Opening Ceremony Welcoming Remarks Circling Buffalo Board Grand Chief	[Chief Kennedy, Chief Meeches] [Grand Chief Derrick Nepinak]
9:10 – 9:40 am	Creating an Understanding When Working With Sexually Exploited Youth	Jenna Wirch
9:40 – 10:15 am	MIMW Framework “Families First”	Karen Harper
10:15 – 10:30 am	Break	
10:30 – noon	Red Road to healing	Shannon Buck
Noon – 1:30 pm	Lunch	
1:30 – 2:00 pm	Human Trafficking/Exploitation Awareness - RCMP	Gabriel Simard
2:00 – 3:15 pm	FULL ORIENTATION	HOW TO STAY CONNECTED WITH RURAL COMMUNITIES
3:15 – 3:30 pm	Break	
3:30 – 4:00 pm	Continue	
4:00 – 4:30pm	Wrap up Drum Group	



Appendix B: Forum Agenda (continued)

Wednesday, March 25, 2015

8:00-8:30	Registration	
8:30 – 9:00 am	Drum Group	Dakota Spirit
	FOLLOWING UP FROM NATIONAL ROUNDTABLE	Nahanni Fontaine
9:00 – 9:30	PERSONAL STORY: NAHANNI FONTAINE	
9:30 – 10:30 am	PERSONAL STORY: ANGELINA ANAQUOD	
10:30 – 11:15 am	Women’s Teachings	
11:15 – 12:00pm	Men’s Teachings	Barry Cook
12:00 – 1:30pm	Lunch	
1:30 – 3:15 pm	ROLE OF MEN Sharing Circle - Roundtable	ROLE OF WOMEN Sharing Circle - Roundtable
3:15 – 3:30 pm	Break	
3:30 – 4:30 pm	ROLE OF WOMEN Sharing Circle - Roundtable	ROLE OF MEN Sharing Circle - Roundtable
4:30 – 5:00 pm	Closing - Drum Group	



Appendix B: Forum Agenda (continued)

Thursday, March 26, 2015

8:00 – 8:30 an	Registration	
8:30 – 10:15 am	RECAP OF ROUNDTABLE	
10:15 – 10:30 am	Break	
10:30 – 11:00 am	First Nation Shelters Update	Carrie Chubb
	Provincial Shelters Update	Trudy Lavallee
11:00am – 12:30pm	PLENARY:	
	Alternative for Youth Healing	Isabelle Aube
	Dakota Drug Unity Ride	Doug Hanska
	Evaluations	
12:30 – 1:00pm	Wrap up, Closing Candle Ceremony	Elder Henry Skywater
	Drum Group	Dakota Spirit

In partnership with:



Aboriginal Affairs and
Northern Development Canada

Affaires autochtones et
Développement du Nord Canada

